

Why Efudix?

Your doctor prescribed Efudix (5 - fluorouracil) cream because you have been diagnosed with sun spots (solar keratoses) and sun damage. These precancerous lesions are the result of years of unprotected exposure to the sun's ultraviolet (UV) rays. Sometimes it is used to treat early skin cancers such as Bowens disease (squamous cell carcinoma in situ (SCC)) and superficial basal cell carcinomas (BCC).

How does Efudix work?

Efudix destroys the abnormal cells in sun spots without harming the healthy normal cells.

What can I expect during treatment?

The treated sun damaged skin will look and feel irritated. This is typical and to be expected. Itching, redness, scabbing, swelling and scaling along with peeling are signs that Efudix is working effectively. While you may find this stage of treatment to be unattractive and somewhat uncomfortable, it is important that you DO NOT STOP THERAPY. In general, the worse your skin looks during treatment, the better the long term result will be.



How do I use Efudix?

You need to apply it to the affected areas ONCE a day to the face for 3 weeks. Morning applications are better. For arms, hands, legs or other areas TWICE daily application for 4-6 weeks is recommended as the skin in this area is more resistant. Do not treat spots individually, instead spread the cream uniformly over all the affected area. Be very careful when applying near eyes. Be sure to wash your hands thoroughly after each application. Also try to avoid direct sun exposure as much as possible during the treatment.

Can I wear cosmetics or use moisturizers with using Efudix?

Bland moisturizers such as Sorbolene or Vaseline can be used but avoid makeup.