



## Pre-Surgery Checklist Mohs Surgery

### How To Prepare For Your Mohs Surgery

Oxford Dermatology has put together an important check list to help you prepare for your upcoming Mohs surgery.

- Our research has shown that five days use of nasal antibiotic and antiseptic skin washes prior to Mohs surgery reduces the risk of surgical infection nearly 4- fold. See the patient information sheet on Pre-Surgery Staph Treatment.
- You may have a normal breakfast or lunch unless instructed otherwise by your Doctor
- You may continue to take your medications as normal, however please let your Doctor or a nurse know if you take Warfarin, Aspirin, Plavix or any other blood thinners. We may require you to have a blood test a few days before your surgery
- Please make arrangements for someone to drive you home after the surgery
- You may require pain relief post surgery so please have Panadol or Panadiene available at home
- Your surgery may take between 3 to 6 hours, so please bring something to occupy your time eg. a book or laptop. If you wish to bring a laptop etc. you will be allocated a small locker to put any valuables
- Please wash your face, body and hair with your normal soap & shampoo in the morning or night before your surgery to reduce your chance of infection and as any dressing we apply may make it more difficult to shower afterwards
- Wear comfortable, loose fitting clothing that can be unbuttoned rather than clothing which needs to be pulled over the head as you will need to change into a gown
- Make sure you don't wear make-up or jewellery on the day of surgery
- If your travel time is more than an hour / or your surgery will take longer than 30 minutes, we recommend you stay in Perth overnight. A list of accommodation can be obtained from reception
- Please advise the nurses on the day of your surgery if you require a Medical Certificate as we usually recommend you have one week off from work after surgery
- If you wish to park underneath our building please ensure that you have a parking permit on display. These can be obtained from our staff on reception

**Please contact us with any other enquires:**

**Mount Hawthorn - 08 6140 1000**

**Bunbury – 08 6140 1080**