

### Wound Care Instructions

Your open wound from surgery or laser is being treated with a Fixomull or Hypafix dressing (they are just different brands) to make the wound care as simple as possible.

- Fixomull has been applied directly over your wound
- A gauze and tape dressing covers the Fixomull to catch any leakage

### In 24 hour's time:

- Remove the outer tape and gauze
- Leave the white Fixomull in place
- If you cannot reach, have someone help you
- Wash over the top of the Fixomull with PH balanced soap and water to clean off any ooze or scabbing, you can be firm as the Fixomull protects the wound
- Leave the Fixomull in place
- Have your shower
- Pat the Fixomull dry

### Every day after:

- Repeat the cleaning of the Fixomull with liquid soap and water
- Shower as normal
- Pat dry
- The wound will heal fully under the Fixomull
- As the Fixomull lifts up around the edges trim with a scissor
- When the wound is fully healed the Fixomull will usually wash off, this usually takes 2 -3 weeks

### Appointment/s

**Actions:** \_\_\_\_\_ **Action:** \_\_\_\_\_  
**Time:** \_\_\_\_\_ **Time:** \_\_\_\_\_  
**Date:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**With:** \_\_\_\_\_ **With:** \_\_\_\_\_

**Notes:** \_\_\_\_\_  
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### PATIENT STICKER

If at any time the Fixomull is very smelly or there is an offensive discharge you will need to soak off the Fixomull and clean the wound then report to us at the **SELECTED** number below.

**If you have any queries or concerns please contact the SELECTED surgery below and speak with a nurse.**

- Oxford Dermatology - Mt hawthorn: (08) 6140 1000 (#2 for Nurses) Email: Nurses@oxforddermatology.com.au
- Oxford Dermatology - Bunbury: (08) 6140 1080 Email: Bunbournurses@oxforddermatology.com.au
- Karrinyup Dermatology: (08) 9245 3376 **(Please call Karrinyup Dermatology to make your appointment)**
- Oxford Day Surgery: (08) 6147 2600

Nurse: \_\_\_\_\_ Sign: \_\_\_\_\_ Date: \_\_\_\_\_